FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Sharp Graham									ker or Tra		Symbol C [AVID		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) AVID TI	(F ECHNOLO		3. Date of Earliest Transaction (Month/Day/Year) 02/23/2007								below)	(give title d General	l Man	Other (s below) lager, Vide	`				
ONE PARK WEST							andment	Date	of Origina	Eilad	(Month/Dav	6 In	6. Individual or Joint/Group Filing (Check Applicable						
(Street) TEWKSBURY MA 01876					ii Aine	indinent, i	Date	or Origina	riicu	(wontivea	Line	X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(5	State)	(Zip)																
		Tal	ble I - Nor	n-Deri	ivativ	e Se	curitie	s Ac	quired	Dis	posed o	f, or Be	neficiall	y Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						Execution Date			e, Transaction Disposed Code (Instr. 5)		ties Acquired (A) or I Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D) Price			eported ransaction(s) nstr. 3 and 4)			(Instr. 4)	
Common	Stock			02/2	23/200	07			A		9,001	1) A	\$0	10,	10,001		D		
			Table II - I								osed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution D	ate,	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/D	n Date	•	7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal	ole	Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (right to buy)	\$33.86	02/23/2007			A		24,322		08/23/200	17 ⁽²⁾	02/23/2017	Common Stock	24,322	\$0	24,32	2	D		

Explanation of Responses:

1. Represents restricted stock unit award which shall vest over 4 years at the rate of 25% per year, with the first vesting date on February 23, 2008. This award includes a provision for the automatic withholding of shares to pay the withholding taxes due on each vesting date.

2. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Remarks:

/s/ John S. LaMountain, Attorney-in-Fact 02/27/2007

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.