SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Numb

OWB NUMber:	3235-0287
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hours per response:	0.5

Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Date (Month/Day/Year) Disposed Of (D) (Instr. 3, 4 and 5) Securities Beneficial Owned Following (D) Form: Direct (D) or Indirect (D)	Section 3	his box if no long 16. Form 4 or F ns may continu on 1(b).	orm 5	STA		ENT OF	nt to S	_	(a) (of the Se	curiti	es Excha	nge A	Act of 19		SHIP	Estim	Number: ated average b per response:		0.5		
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) A below) Delow) SVP & GM Video & Media (Street) BURLINGTON MA 01903 I. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person (City) (State) (Zip) Rule 10b5-1(c) Transaction Indication Image: Comparison of the affirmative defense conditions of Rule 105-1(c). See Instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 105-1(c). See Instruction 10. S. Amount of Delowing Reported Transaction (Individual Provided Applicable Line) S. Amount of Delowing Reported Transaction (Individual Provided Applicable Line) To Antere of Delowing Reported Transaction (Individual Provided Applicable Line) To Antere of Delowing Reported Transaction (Individual Provided Applicable Line) To Antere of Delowing Reported Transaction (Individual Provided Applicable Line) To Antere of Delowing Reported Transaction (Individual Provided Applicable Line) To Antere of Delowing Reported Transaction (Individual P																	(Check all applicable)					
(Street) BURLINGTON MA (City) 01803 (City) (State) (Zip) Rule 10b5-1(C) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 1005-1(C). See Instruction 10. Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Month/Day/Year) 2. Transaction Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 5. Anount of Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Anount of Securities Acquired (D) or Disposed Of (D) (Instr. 4)															A below)	below)		ecify			
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Common Stock O4/22/2023 F 181(1) D \$31.11 101,477 D Common Stock 04/22/2023 F 181(1) D \$31.11 101,477 D Transaction(s) (Instr. 3) State	Date				Day/Year) if any		xecution Date,		Transaction Code (Instr.						5) Securit Benefic Owned	ies ially Following	Form: Direct (D) or Indirec	t Bei Ow	Beneficial Ownership			
I. Title of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) 5. Number of Derivative Securities (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities (Month/Day/Year) 8. Price of Derivative Securities (Month/Day/Year) 9. Number of Or Indirect (D) Ownership (Instr. 4) 10. Ownership (Instr. 4) 11. Nature of Indirect (D) Ownership (Instr. 4)										Code	v	Amount (A) or (D)		Price	Transad	ction(s)			(1150.4)			
1. Title of Derivative Security (Instr. 3) 2. Conversion Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) 4. Transaction Date (Month/Day/Year) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3) 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Acquired (A) or Disposed of (D) (Instr. 4) 8. Price of Derivative Security (Instr. 4) 9. Number of derivative Security (Instr. 4) 10. Ownership Form: Disposed of (D) (Instr. 4)	Common Stock 04/22					2/2023				F		181(1)	D \$3		11 10	101,477					
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Explanation of Responses:

1. Represents shares withheld by the Issuer to satisfy tax withholding obligation upon the vesting on April 22, 2023 of 8.32% of the restricted stock units awarded on July 22, 2020. This award includes a provision requiring the withholding of shares by the Issuer to pay the required withholding taxes due on the vesting date.

Date Exercisable

Remarks:

/s/ Jacob Adams as Attorney-in-04/25/2023

Fact for Timothy Claman

or Number

of Shares

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Expiration Date

Title

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

(A) (D) LIMITED POWER OF ATTORNEY

FOR SECTION 16 REPORTING OBLIGATIONS

Know all by these presents, that the undersigned hereby makes, constitutes and appoints each of Alessandra Melloni, Jacob Adams and John LaMountain signing singly and each acting individually, as the undersigned's true and lawful attorney-in-fact with full power and authority as hereinafter described to:

(1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Avid Technology, Inc. (the "Company"), Forms 3, 4, and 5 (including any amendments thereto) in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder (the "Exchange Act");

(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to prepare, complete and execute any such Form 3, 4, or 5, prepare, complete and execute any amendment or amendments thereto, and timely deliver and file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority;

(3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information regarding transactions in the Company's securities from any third party, including brokers, employee benefit plan administrators and trustees, and the undersigned hereby authorizes any such person to release any such information to such attorney-in-fact and approves and ratifies any such release of information; and

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming nor relieving, nor is the Company assuming nor relieving, any of the undersigned's responsibilities to comply with Section 16 of the Exchange Act. The undersigned acknowledges that neither the Company nor the foregoing attorneys-in-fact assume (i) any liability for the undersigned's responsibility to comply with the requirements of the Exchange Act, (ii) any liability of the undersigned for any failure to comply with such requirements, or (iii) any obligation or liability of the undersigned for profit disgorgement under Section 16(b) of the Exchange Act.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 10th day of March, 2022.

/s/ Tim Claman