FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Sharp Graham					2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [ AVID ]										all app	licable)		o Issuer 6 Owner er (specify	
(Last) (First) (Middle)  AVID TECHNOLOGY PARK  ONE PARK WEST					3. Date of Earliest Transaction (Month/Day/Year) 03/09/2007										X	VP a	nd General	ow) Video	
(Street) TEWKSBURY MA 01876  (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
		Tab	le I - Nor	n-Deriv	ative	Se	curitie	s Ac	quired	Dis	posed o	f, or	Ben	efici	ally (	Owne	ed		
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					ar)   i	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr. 5)		Disposed	rities Acquired (A) ed Of (D) (Instr. 3,			4 and Sec Ben		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect	
										v	Amount		A) or D)	Price		Transaction(s) (Instr. 3 and 4)			(
Common Stock 03				03/09	03/09/2007						102(1)	D \$3		\$33	3.45 9,899		9,899	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercise Price of Derivative Security	conversion r Exercise (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Month/Day/Year)		4. Transaction Code (Instr. 8)		of Deriv	rities iired r osed ) : 3, 4	Expiration	5. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ıt		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	V (A)		(D)	Date Exercisable		Expiration Date	Title	of	ares					

## **Explanation of Responses:**

1. Represents shares withheld to satisfy tax withholding obligations upon the vesting on March 9, 2007 of 25% of the restricted stock units awarded to the reporting person on March 9, 2006. The Restricted Stock Unit Agreement pursuant to which the restricted stock units were awarded provides for the automatic withholding of shares to satisfy the withholding tax liability on each vesting date.

## Remarks:

/s/ John S. LaMountain, Attorney-in-Fact 03/13/2007

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.