FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL             |           |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  BENTIVEGNA JOSEPH |   |  |   |         | 2. Issuer Name <b>and</b> Ticker or Trading Symbol AVID TECHNOLOGY INC [ AVID ] |        |              |       |  |                  |                                   |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner |   |  |  |   |  |  |
|---|---|--|---|---------|---|--------|--------------|-------|--|------------------|-----------------------------------|---|---|---|--|--|---|--|--|
| (Last) 1 WHIS   | (F<br>TLER LAN  |  | 3. Date of Earliest Transaction (Month/Day/Year) 09/02/2005 |         |   |        |              |       |  |                  | <b>-</b>                          | X Officer (give title Other (specify below)  COO, Video Division  |   |   |  |  |   |  |  |
| (Street) SOUTHBOROUGH MA 01722                              |   |  |   |         | 4. If Amendment, Date of Original Filed (Month/Day/Year)                        |        |              |       |  |                  |                                   | 6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting |   |   |  |  |   |  |  |
| (City)  | City) (State) (Zip)   |  |   |         |   |        |              |       |  |                  |                                   |   |   |   | Person   |  |   |  |  |
|   |   | Tal  | ble I - Non   | -Deriva | tive S  | Securi | ities        | Ac    | quired, Di                                     | sposed           | of, or E                          | enef  | icially   | / Owned   |  |  |   |  |  |
| 1. Title of Security (Instr. 3)  2. Transa Date (Month/D    |   |  |   |         | Execution Date,   |        |              | Date  | Code (Inst                                     | n Dispos         |                                   |   |   | 5. Amour<br>Securitie<br>Beneficia<br>Owned F       | s Fo<br>ally (D<br>ollowing (I)  | Ownership<br>orm: Direct<br>) or Indirect<br>(Instr. 4)          | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |
|   |   |  |   | Code V  |   |        |              | Amoui | nt (A)   | or               | Price                             | Reported Transaction(s) (Instr. 3 and 4)  |   |   |  |  |   |  |  |
|   |   |  | Table II - D  |         |   |        |              |       | uired, Dis                                     |                  |                                   |   |   | Owned   |  |  |   |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)         | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | ction 3A. Deemed Execution Date                             |         | 4.<br>Transaction<br>Code (Instr  |        | 5. Number of |       | 6. Date Exerc<br>Expiration Da<br>(Month/Day/Y | isable and<br>te | ble and 7. Title and of Securitie |   | mount   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(<br>(Instr. 4) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4 | Beneficial<br>Ownership<br>(Instr. 4)                             |  |  |
|   |   |  |   | Co      | de V  | (A)    |              | (D)   | Date<br>Exercisable                            | Expiration Date  | on<br>Title                       | or<br>Nu<br>of  | ımber   |   |  |  |   |  |  |
| Incentive<br>Stock<br>Option<br>(right to<br>buy)           | \$40.95   | 09/02/2005                                 |   | I       | A .   | 43     | 33           |       | 03/02/2006 <sup>(1)</sup>                      | 09/02/20         | 15 Comm<br>Stock                  |   | 433   | \$0   | 433  | D  |   |  |  |
| Non-<br>qualified<br>Stock<br>Option<br>(right to           | \$40.95   | 09/02/2005                                 |   | A       | <b>A</b>  | 14,5   | 567          |       | 03/02/2006 <sup>(1)</sup>                      | 09/02/20         | 15 Comm<br>Stock                  |   | 4,567   | \$0   | 14,567   | D  |   |  |  |

## **Explanation of Responses:**

1. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

## Remarks:

Joe Bentivegna

09/07/2005

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.