Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES	AND EXCHANGE	COMMISSION
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Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL						
OMB Number:	3235-0287					
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

	of Section 30(n) of the investment Company Act of 1940	
1. Name and Address of Reporting Person [*] COGNOS, INC.	2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY, INC. [AVID]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below)
(Last) (First) (Middle) 1685 REGIONAL ROAD 174 OTTAWA, ON K4C 1H5	3. Date of Earliest Transaction (Month/Day/Year) 05/18/2010	Vice President of Finance
(Street) CANADA (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year) 05/20/2010	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
Table I - Non-Deriv	rative Securities Acquired, Disposed of, or Benefic	ially Owned

	1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (ction				Securities Beneficially Owned Following Reported	(D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puis, cans, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number Derivative Securities Acquired or Disposiof (D) (Ins 4 and 5)	(A) ed	Expiration Dat	Date Exercisable and cpiration Date lonth/Day/Year) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5) Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Employee Stock Option (Right to Buy) ⁽¹⁾	\$14.3225 ⁽¹⁾	05/18/2010 ⁽¹⁾		A ⁽¹⁾		32,000 ⁽¹⁾		05/18/2011 ⁽¹⁾	05/18/2017 ⁽¹⁾	Common Stock ⁽¹⁾	32,000 ⁽¹⁾	\$0 ⁽¹⁾	32,000 ⁽¹⁾	D ⁽¹⁾	
Performance Rights (Restricted Stock Units) (1)	(1)	05/18/2010 ⁽¹⁾		A ⁽¹⁾		16,000 ⁽¹⁾		(1)	03/31/2021 ⁽¹⁾	Common Stock ⁽¹⁾	16,000 ⁽¹⁾	\$0 ⁽¹⁾	16,000 ⁽¹⁾	D ⁽¹⁾	

Explanation of Responses:

1. See Remarks below.

Remarks:

The Form 4 to which this amendment relates contained an incorrect CIK code, which mistakenly caused "Cognos Inc." to appear as the name of the reporting person in the filed report on EDGAR instead of "Jason Burke." The Form 4 should be disregarded. A separate Form 4 under the correct CIK code for Mr. Burke will be filed.

<u>/s/ John S. LaMountain as</u>	
Attorney-in-Fact for Jason G.	<u>05/2</u>
Burke	
** Signature of Reporting Person	Date

20/2010

ature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.