Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* KRALL DAVID						2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]								eck all applic Director	10%		10% Ov	vner
(Last) 31 AVE	ast) (First) (Middle) I AVERY LANE					3. Date of Earliest Transaction (Month/Day/Year) 11/24/2003								X Officer (give title Other (specify below) President & CEO				
(Street)	Street) ANDOVER MA 01810				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Application) X Form filed by One Reporting Person Form filed by More than One Reporting				ı
(City)	City) (State) (Zip)												Person					
		Та	ble I - No	on-Deri	ivativ	ve S	ecur	ities A	cquired	l, Di	sposed of	, or Ber	neficiall	y Owned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)						ar) l	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3,			Securitie Beneficia Owned F	5. Amount of Securities Beneficially Owned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)			(Instr. 4)
Common Stock 1					1/2003	3			M		25,000	A	\$9.96	45,	188		D	
Common Stock 1:					1/2003	3			S		23,690	D	\$51.06	21,	21,498		D	
Common Stock 1					1/2003	3			S		300	D	\$51.07	21,	198		D	
Common Stock 11/2					1/2003	3			S		10	D	\$51.23	21,	188		D	
					1/2003	3			S		1,000	D	\$51.20	5 20,	188		D	
Common Stock 11/25/2					5/2003	3			M		9,748	A	\$11.187				D	
Common	Stock			11/25	5/2003	3			M		252	A	\$11.37	5 30,	188		D	
			Table II								oosed of, convertib			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed Date,	4. Transa Code (8)	action	5. Number of		6. Date Exercis Expiration Date (Month/Day/Ye		sable and e	7. Title an of Securit Underlyin	nd Amount ties ng e Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares					
Non- Qualified Stock Option (right to buy)	\$9.96	11/24/2003			M			25,000	02/28/20	002	08/30/2011 ⁽¹⁾	Common Stock	25,000	\$0	80,00	00	D	
Incentive Stock Option (right to buy)	\$11.1875	11/25/2003			M			9,748	01/29/19	998	01/29/2007 ⁽¹⁾	Common Stock	9,748	\$0	0		D	
Incentive Stock Option (right to	\$11.375	11/25/2003			M			252	05/09/20	000	11/10/2009 ⁽²⁾	Common Stock	252	\$0	10,05	50	D	

Explanation of Responses:

- 1. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% vests in 42 equal monthly installments thereafter
- 2. Twenty-five percent of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining seventy-five percent becomes exercisable in three equal bi annual installments thereafter.

Remarks:

David A. Krall

11/26/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.