FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	UNID APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* JACKS ETHAN E							2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]									Reporting Person(s) to Issuer able) 10% Owner				
(Last)	(F CORD STR	irst) REET	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 12/02/2003								X	Officer (give title below) SVP Business Development &					
(Street)			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)							
WESTON MA 02493																X Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip)												Person								
		Ta	ble I - No	n-Der	ivativ	ve S	ecuri	ties Ad	quired	Dis	posed o	f, or Be	nefi	cially	Owned					
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		Code		4. Securities Acquired (A Disposed Of (D) (Instr. 3,		ed (A) str. 3, 4	or and 5)	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) o (D)	r Pr	ice	Transaction(s) (Instr. 3 and 4)				(111541. 4)	
Common	Stock			12/02/2003					M		10,000) A	\$	S12.8	11,	200		D		
Common	Stock			12/02/2003					S		100	D	\$	54.3	11,	100		D		
Common	Stock			12/	12/02/2003						200	D	\$	54.29	10,	900		D		
Common	Stock			12/	12/02/2003				S		800	D	\$	\$54.27		0,100		D		
Common	Stock			12/	12/02/2003						100	D	\$	54.24	10,	000		D		
Common Stock 1						12/02/2003			S		300	D	\$	54.23	9,7	700		D		
Common Stock						12/02/2003					300	D	\$	54.21	9,400			D		
Common Stock 1						03			S		4,500	D		554.2	4,900			D		
Common	12/02/2003					S		400	D	\$	54.17	4,500			D					
Common Stock					12/02/2003						200	D	\$	54.15	5 4,300			D		
Common	12/	12/02/2003						500	D	\$	54.12	3,800			D					
Common Stock					12/02/2003				S		1,100	D		\$54.1 2,		700		D		
Common Stock 12/02						03			S		100	D	\$	\$ 54.05 2		500		D		
Common Stock 12/0						03			S		100	D	\$	\$54.03 2,		500		D		
Common Stock 12/02						03			S		200	D	\$	54.01	2,3	300	D			
Common Stock 12						2/2003					300	D		\$ 54 2 ,		,000		D		
Common Stock 12/0					02/200	03			S		100	D	\$	53.97	1,9	900		D		
Common Stock 12/					/02/2003				S		400	D	\$	\$ 53.95 1		1,500		D		
Common Stock					12/02/2003				S		300	D	\$	53.93	1,2	200		D		
			Table II -								osed of, convertib				Owned					
1. Title of	2.	3. Transaction	3A. Deeme	d	4.		5. N	umber	6. Date Ex	kercisa	able and	7. Title a	nd Am	ount	8. Price of	9. Numbe		10.	11. Nature	
Derivative Security (Instr. 3)	ative Conversion Date Execution or Exercise (Month/Day/Year) if any			Transa Code (8)				Expiration (Month/D			of Secur Underlyi Derivativ (Instr. 3 a	ng ⁄e Secı		Derivative Security (Instr. 5)	derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	s Illy J	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or	ount nber res						
Non- Qualified Stock Option (right to buy)	\$12.8	12/02/2003			M			10,000	10/17/200)1 ⁽¹⁾	04/17/2011	Common Stock	10,	000	\$0	765		D		

1. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Remarks:

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.