FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
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	Check this box if no longer subject to								
\Box	Section 16. Form 4 or Form 5								
\cup	obligations may continue. See								
	Instruction 1(b).								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MILBURY PAUL J							2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]									onship of Reporti all applicable) Director	ng Pers	son(s) to Is	
(Last) (First) (Middle) 21 BEAVER STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/13/2004									X	Officer (give title below) VP & Chief I			
(Street) BOSTON MA 02108 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individue) X	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - Nor	า-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	eficia	ally O	wned			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date			Transaction Disposed Code (Instr. 5)			ities Acquired (A) d Of (D) (Instr. 3, 4			nd S	. Amount of Securities Beneficially Dwned Following Reported	Form (D) or	vnership i: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(,	A) or O)	Price	т	ransaction(s) Instr. 3 and 4)			(1130. 4)
Common Stock 05/13/2							2004		S	s 13		192 D S		\$50).5	1,800		D	
		Та									sed of, onvertib				y Ow	ned			
1. Title of Derivative Security (Instr. 3)	ivative Conversion or Exercise (Month/Day/Year) Execution Date, if any			Date,	4. Transa Code (8)		of Deriving Security (A) of Disposor (D)	r osed) r. 3, 4	Expiratio	6. Date Exercisable and Expiration Date (Month/Day/Year)			or	str. 3 ount	8. Pric Deriva Securi (Instr.	tive derivative ity Securities	y O F D o (I	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	of Sha	res					

Explanation of Responses:

Remarks:

Paul J. Milbury

05/14/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.