\Box

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

	dress of Reporting	Person*	2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
JACKS ETHAN E					Director	10% Owner				
				- v	Officer (give title	Other (specify				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	Λ	below)	below)				
86 CONCORD STREET			11/01/2005		VP & Chief Legal Officer					
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6 Indiv	6. Individual or Joint/Group Filing (Check Applicable					
(Street)				Line)		ig (chook / ppiloable				
WESTON	MA	02493		X	Form filed by One Re	porting Person				
ļ ,					Form filed by More the	an One Reporting				
(City)	(State)	(Zip)			Person					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Disposed Of	Acquired (D) (Instr.	(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)	
Common Stock	11/01/2005		М		1,200	A	\$22.01	9,421	D		
Common Stock	11/01/2005		S		500	D	\$49.57	8,921	D		
Common Stock	11/01/2005		S		100	D	\$49.59	8,821	D		
Common Stock	11/01/2005		S		600	D	\$49.58	8,221	D		
Common Stock	11/01/2005		S		100	D	\$49.31	8,121	D		
Common Stock	11/01/2005		S		300	D	\$49.32	7,821	D		
Common Stock	11/01/2005		S		100	D	\$49.39	7,721	D		
Common Stcok	11/01/2005		S		200	D	\$49.41	7,521	D		
Common Stock	11/01/2005		S		100	D	\$49.42	7,421	D		
Common Stock	11/01/2005		S		200	D	\$49.5	7,221	D		
Common Stock	11/01/2005		S		200	D	\$49.52	7,021	D		
Common Stock	11/01/2005		S		500	D	\$49.55	6,521	D		
Common Stock	11/02/2005		М		2,604	A	\$12.8	9,125	D		
Common Stock	11/02/2005		М		1,155	A	\$22.01	10,280	D		
Common Stock	11/02/2005		S		3,059	D	\$52.61	7,221	D		
Common Stock	11/02/2005		s		100	D	\$52.62	7,121	D		
Common Stock	11/02/2005		s		500	D	\$52.63	6,621	D		
Common Stock	11/02/2005		S		100	D	\$52.69	6,521	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) Disp of (I	oosed D) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- qualified Stock Optin (right to buy)	\$22.01	11/01/2005		М			1,200	07/10/2003	01/10/2013 ⁽¹⁾	Common Stock	1,200	\$0	1,626	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			piration Date Amount of onth/Day/Year) Securities Underlying		Amount of Securities Underlying Derivative Security		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Incentive Stock Option (right to buy)	\$12.8	11/02/2005		М			2,604	10/17/2001	04/17/2011	Common Stock	2,604	\$0	0	D	
Non- qualified Stock Options (right to buy)	\$22.01	11/02/2005		М			1,155	07/10/2003	01/10/2013 ⁽¹⁾	Common Stock	1,155	\$0	471	D	

Explanation of Responses:

1. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter. Remarks:

Ethan Jacks

11/03/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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