FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20043

OMB APPROVAL							
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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

			or Section 30(h) of the Investment Company Act of 1940					
			2. Issuer Name <b>and</b> Ticker or Trading Symbol AVID TECHNOLOGY INC [ AVID ]			10% Owner		
(Last) 1 WHISTLER	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/01/2003	X	X Officer (give title below)  VP of Video Development &  Individual or Joint/Group Filing (Check Appe)  X Form filed by One Reporting Person  Form filed by More than One Report  Person	,		
(Street) SOUTHBORG (City)	OUGH MA (State)	01722 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
		Table I - Non-De	erivative Securities Acquired, Disposed of, or Bene	eficially	Owned			

(City) (Sta	ute) (Zip)								Form filed by Mor Person	e than One Rep	orting
	Table I - N	on-Derivativ	/e Securities Ac	quired	d, Di	sposed of	, or Be	neficially	Owned		
L. Title of Security (Instr	. 3)	2. Transaction Date (Month/Day/Ye	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 9			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
				Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock		12/01/2003	3	M		4,986	A	\$14.13	9,995	D	
Common Stock		12/01/2003	3	M		500	A	\$16.5	10,495	D	
Common Stock		12/01/2003	3	M		500	A	\$16.5	10,995	D	
Common Stock		12/01/2003	3	M		2,499	A	\$16.5	13,494	D	
Common Stock		12/01/2003	3	M		625	A	\$17.875	14,119	D	
Common Stock		12/01/2003	3	M		1,265	A	\$14.13	15,384	D	
Common Stock		12/01/2003	3	M		4,375	A	\$12.8	19,759	D	
Common Stock		12/01/2003	3	M		5,000	A	\$12.125	24,759	D	
Common Stock		12/01/2003	3	M		3,750	A	\$11.375	28,509	D	
Common Stock		12/01/2003	3	M		2,083	A	\$10.4375	30,592	D	
Common Stock		12/01/2003	3	S		500	D	\$54.89	30,092	D	
Common Stock		12/01/2003	3	S		3,900	D	\$54.88	26,192	D	
Common Stock		12/01/2003	3	S		100	D	\$54.86	26,092	D	
Common Stock		12/01/2003	3	S		400	D	\$54.81	25,692	D	
Common Stock		12/01/2003	3	S		400	D	\$54.7	25,292	D	
Common Stock		12/01/2003	3	S		400	D	\$54.611	24,892	D	
Common Stock		12/01/2003	3	S		2,300	D	\$54.6	22,592	D	
Common Stock		12/01/2003	3	S		600	D	\$54.58	21,992	D	
Common Stock		12/01/2003	3	S		800	D	\$54.56	21,192	D	
Common Stock		12/01/2003	3	S		200	D	\$54.53	20,992	D	
Common Stock		12/01/2003	3	S		200	D	\$54.52	20,792	D	
Common Stock		12/01/2003	3	S		800	D	\$54.51	19,992	D	
Common Stock		12/01/2003	3	S		7,000	D	\$54.5	12,992	D	
Common Stock		12/01/2003	3	S		100	D	\$54.48	12,892	D	
Common Stock		12/01/2003	3	S		200	D	\$54.4	12,692	D	
Common Stock		12/01/2003	3	S		100	D	\$54.36	12,592	D	
Common Stock		12/01/2003	3	S		1,900	D	\$54.3	10,692	D	
Common Stock		12/01/2003	3	S		100	D	\$54.28	10,592	D	
Common Stock		12/01/2003	3	S		5,483	D	\$54.26	5,109	D	
Common Stock		12/01/2003		S		100	D	\$54.2	5,009	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ned 4. 5. Number of Transaction of Code (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)  Company Secution Company Security		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Incentive Stock Option (right to buy)	<b>\$</b> 14.13	12/01/2003		М			4,986	09/06/2002 <sup>(1)</sup>	03/06/2012	Common Stock	4,986	\$0	8,749	D	
Incentive Stock Option (right to buy)	\$16.5	12/01/2003		М			500	02/21/1997	02/21/2006	Common Stock	500	\$0	0	D	
Incentive Stock Option (right to buy)	\$16.5	12/01/2003		М			500	02/21/1997	02/21/2006	Common Stock	500	\$0	0	D	
Incentive Stock Option (right to buy)	\$16.5	12/01/2003		М			2,499	02/21/1997	02/21/2006	Common Stock	2,499	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$17.875	12/01/2003		М			625	12/22/1994	12/22/2003	Common Stock	625	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$14.13	12/01/2003		М			1,265	09/06/2002	03/06/2012	Common Stock	1,265	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$12.8	12/01/2003		М			4,375	10/17/2001 <sup>(1)</sup>	04/17/2011	Common Stock	4,375	\$0	10,625	D	
Non- Qualified Stock Option (right to buy)	\$12.125	12/01/2003		М			5,000	08/30/2000	08/30/2009	Common Stock	5,000	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$11.375	12/01/2003		М			3,750	05/09/2000	11/09/2009	Common Stock	3,750	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$10.4375	12/01/2003		М			2,083	01/17/2001 <sup>(1)</sup>	07/17/2010	Common Stock	2,083	\$0	4,167	D	

## Explanation of Responses:

1. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter

## Remarks:

Joseph Bentivegna

12/03/2003

tly.

\*\* Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$ 

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).