FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APF	PROVAL					
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Vann Martin	2. Date of Event Requiring States Month/Day/Yea 08/19/2009	ment	3. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY, INC. [AVID]							
(Last) (Firs		_ 00/13/2003		Relationship of Reporting Perso (Check all applicable) Director	n(s) to Issue	(M	5. If Amendment, Date of Original Filed (Month/Day/Year)			
				X Officer (give title below)	Other (specify below)		6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street)				SVP of WW Sales &	& Services		X Form filed by One Reporting Person			
NEEDHAM MA	02492						Form filed b Reporting P	y More than One erson		
(City) (Stat	te) (Zip)									
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)				Beneficially Owned (Instr. 4)			Nature of Indirect Beneficial Ownership str. 5)			
Common Stock				14,410(1)	D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
Expiration		2. Date Exerc Expiration Da (Month/Day/Y	ate	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversio or Exercis Price of	e Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Direct (D) or Indirect (I) (Instr. 5)			
Employee Stock Op	otion (Right to Buy)	(2)	07/14/2015	Common Stock	100,000	17.02	D			

Explanation of Responses:

1. Includes 10,000 restricted stock units that were granted on July 14, 2008 that vest as follows: 5,000 shares vest on the second anniversary of the grant date; 1,250 vest on the third anniversary of the grant date; and the remainder vest in four equal installments every three months thereafter. This award included a provision for the automatic withholding of shares to pay the withholding taxes due on each vesting

2. 50,000 shares vest in equal 6.25% installments every three months ending on the fourth anniversary of the grant date (July 14, 2008), and 50,000 shares vest on a performance-based schedule tied to the Company's stock price.

Remarks:

/s/ Paige Parisi as Power of Attorney for Martin Vann

08/21/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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