SEC	Form	4
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

1. Name and Address of Reporting Person'

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section or Section 30(h)

OMB APPROVAL

pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940		hours per respor	nse: 0.5	] 		
2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [ AVID ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
	X Officer (giv		Other (specify			
3. Date of Earliest Transaction (Month/Day/Year)	below)		below)			

			3. Date of Earliest Transaction (Month/Day/Year)	1 ^	below)	below)	
(Last)	(First)	(Middle)	10/13/2006		VP and Genera	l Manager, Video	
AVID TECHNO	LOGY PAR	K	10/13/2000		vi una Ochera	r manager, viaco	
ONE PARK WE	EST						
-			4. If Amendment, Date of Original Filed (Month/Day/Year)		vidual or Joint/Group	Filing (Check Applicable	
(Street)				Line)			
TEWKSBURY	MA	01876			Form filed by One	e Reporting Person	
ILWIGDORI	10121	010/0				e than One Reporting	
					Person		
(City)	(State)	(Zip)					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
		T			1		

## 1. Title of Security (Instr. 3) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 2. Transaction 2A. Deemed 3. Transaction 5. Amount of 6. Ownership 7. Nature of Execution Date, Securities Form: Direct Date Indirect (Month/Dav/Year) (D) or Indirect (I) (Instr. 4) Beneficial if anv Code (Instr. 5) Beneficially Ownership (Instr. 4) (Month/Day/Year) 8) Owned Following Reported (A) or (D) Transaction(s) Price Code v Amount (Instr. 3 and 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		Expiration Dat	Date Exercisable and piration Date onth/Day/Year)		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- qualified Stock Option (right to buy)	\$38.75	10/13/2006		A		60,000		04/13/2007 <sup>(1)</sup>	10/13/2016	Common Stock	60,000	\$0	60,000	D	

Explanation of Responses:

1. 12.5% of the shares underlying the option become exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% of the shares underlying the option become exercisable in 42 equal monthly installments thereafter.

## **Remarks:**

/s/ Graham Sharp

10/17/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Instruction 1(b)

Sharp Graham

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Estimated average burden					
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