FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
OMB Number:	DMB Number: 3235-0104						
Estimated average burden							
hours per response	e: 0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Lowenstein Richard M	. Date of Event Requiring Statem Month/Day/Year) 0/29/2014	ent	3. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY, INC. [AVID]							
(Last) (First) (Middle) AVID TECHNOLOGY, INC.			Relationship of Reporting Perso (Check all applicable) Director	10% Owner Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year)				
75 NETWORK DRIVE (Street) BURLINGTON MA 01803		X	X Officer (give title below) SVP, Avid Global S			6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One				
(City) (State) (Zip)						Reporting P	erson			
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)			. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common Stock		30,000(1)	D							
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4) 2. Date Exercis Expiration Dat (Month/Day/Ye			and 3. Title and Amount of Securities Underlying Derivative Security (Inst		4. Convers	e Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)			
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivativ Security	e Direct (D) or Indirect (I) (Instr. 5)				

Explanation of Responses:

1. Shares of Common Stock representing a restricted stock unit award that will vest on a time-based schedule as follows: 33.33% of the shares vest on February 12, 2015 and the remaining 66.66% of the shares vest in equal 8.25% installments every three months until February 12, 2017, provided the Reporting Person is still employed by the Company on each such vesting date. Each restricted stock unit represents a contingent right to receive one share of AVID common stock. This award includes a provision for the withholding of shares by the Issuer to pay the withholding taxes due on each vesting date.

Remarks:

/s/ John S. LaMountain as
Attorney-in-Fact for Richard
M. Lowenstein

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.