FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	IVAL
OMB Number:	3235-0287
Estimated average burde	en
hours per response:	0.5

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) of the investment Company Act of 1940	
BAKER PAT	Name and Address of Reporting Person* AKER PATRICIA A ast) (First) (Middle) 55 BOARDWALK PLACE		2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID] 3. Date of Earliest Transaction (Month/Day/Year) 10/29/2004	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) VP of Human Resources
(Street) REDWOOD CITY (City)	CA (State)	94065 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
		Table I Non D	Navigative Consulting Appriled Dispended of as Day	oficially Owned

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	10/29/2004		M		10,000	A	\$13.0625	19,177	D		
Common Stock	10/29/2004		М		9,792	A	\$14	28,969	D		
Common Stock	10/29/2004		М		8,008	A	\$12.8	36,977	D		
Common Stock	10/29/2004		S		200	D	\$52.19	36,777	D		
Common Stock	10/29/2004		S		6	D	\$52.2	36,771	D		
Common Stock	10/29/2004		S		9,700	D	\$52.2	27,071	D		
Common Stock	10/29/2004		S		800	D	\$52.24	26,271	D		
Common Stock	10/29/2004		S		200	D	\$52.25	26,071	D		
Common Stock	10/29/2004		S		1,700	D	\$52.34	24,371	D		
Common Stock	10/29/2004		S		500	D	\$52.3	23,871	D		
Common Stock	10/29/2004		S		600	D	\$52.43	23,271	D		
Common Stock	10/29/2004		S		401	D	\$52.44	22,870	D		
Common Stock	10/29/2004		S		200	D	\$52.47	22,670	D		
Common Stock	10/29/2004		S		300	D	\$52.5	22,370	D		
Common Stock	10/29/2004		S		100	D	\$52.55	22,270	D		
Common Stock	10/29/2004		S		600	D	\$52.63	21,670	D		
Common Stock	10/29/2004		S		200	D	\$52.64	21,470	D		
Common Stock	10/29/2004		S		1,177	D	\$52.65	20,293	D		
Common Stock	10/29/2004		S		1,000	D	\$52.68	19,293	D		
Common Stock	10/29/2004		S		900	D	\$52.7	18,393	D		
Common Stock	10/29/2004		S		516	D	\$52.75	17,877	D		
Common Stock	10/29/2004		S		408	D	\$52.77	17,469	D		
Common Stock	10/29/2004		S		7,392	D	\$52.77	10,077	D		
Common Stock	10/29/2004		S		400	D	\$52.78	9,677	D		
Common Stock	10/29/2004		S		200	D	\$52.79	9,477	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Tan Regned Deriv Execution Date, if any (e.g., (Month/Day/Year)	rative Transa puts 8)	Secu greation greati	Secu Acq (A) o Disp of (E	u rities uired	GiPet, Episjedsett of, Expiration date s(M apanoa)s yesonvertib		or Tile net ferally of Securities (โคกระดับไม่โปโคร) Derivative Security (Instr. 3 and 4)		GwPrice pf Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Frade Code (8)	ction Instr.	Deri Secu Acq (A) o Disp of (E	umber (D) vative urities uired or oosed o) (Instr. and 5)	Bate Exerci Exβiratath Dar (Month/Day/Ye	_{le} Date	7. Title an Jatescurit Underlyin Derivative (Instr. 3 an	g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$11.375	10/29/2004		М		()	2,200	05/09/2000 ⁽¹⁾	11/09/2009	Common Stock	2,200	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$13.0625	10/29/2004		М			10,000	01/01/2001 ⁽²⁾	01/01/2010	Common Stock	10,000	\$0	0	D	
Non- Qualified Stock Option (right to buy)	\$14	10/29/2004		М			9,792	04/30/2001 ⁽³⁾	10/30/2010	Common Stock	9,792	\$0	208	D	
Non- Qualified Stock Option (right to buy)	\$12.8	10/29/2004		M			8,008	10/17/2001 ⁽³⁾	04/17/2011	Common Stock	8,008	\$0	2,992	D	

Explanation of Responses:

- 1. 25% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 75% becomes exercisable in three equal six month installments thereafter.
- 2. 25% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 75% becomes exercisable in 12 equal quarterly installments beginning three months after the date listed in the "Date Exercisable" column.
- 3. 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Remarks:

<u>Patricia A. Baker</u> <u>11/02/2004</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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